

# Top 10 Mistakes At Child Changeover

1. Fighting, arguing and being abusive at changeover
2. As long as it is safe, avoid use of police stations for changeover.
3. Not providing relevant information about the children eg. Medication and dosages required
4. Being late for changeover
5. Failing to welcome or say goodbye to the children.
6. Not returning items that belong at other parents house
7. Using the children as messengers. There are lots of options for communication that don't require you to involve your children as messengers.
8. Being overly emotional at changeover: Crying and telling the children how much you will miss them is not appropriate for handover and may end upsetting the children and causing them worry. Put on a happy face, wish your children a good time with the other parent and say your goodbyes.
9. Failing to encourage the children to say hello and goodbye to the other parent or to even go with the other parent.
10. Consider who you bring with you to changeover, will this cause distress or anger in the other party or children.

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