

Top 10 Mistakes Separating Couples Make

1. Not formalising their agreed property settlement
2. Not giving due consideration to appropriate arrangements for children eg. A 2 month old that is breastfed only it not appropriate for a week about arrangement.
3. Use of social media, sending emails and texts without thinking though the consequences.
4. Taking legal advice from family and friends, get your own legal advice your situation is unique
5. Letting your emotions get the better of you
6. Involving the children in your dispute – this can be in a number of ways – arguing in front of them, using them as your therapist, using as messenger, cross-examining them about the other parent and their home etc, bad mouthing the other parent. This includes your adult children.
7. Not considering alternatives than going to court
8. Picking the wrong battle to fight ... something might upset or anger you but think it though is it really important, are your resources better applied elsewhere
9. Putting your head in the sand ... don't ignore issues, deal with them. A common example is ignoring the letter from your ex's lawyer, you might end up in court spending a lot more money than if the matter had been negotiated.
10. Thinking you can cope without help. Help comes in lots of forms- family, friends and professionals ...

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