

# Safety Considerations

## Post Separation

For some people separation is amicable and they maintain a good relationship with the other party post separation and there are no safety concerns.

For others, the separation has occurred because of family violence or family violence has occurred after separation and there are ongoing concerns for their safety.

### **Consider the following steps to protect yourself and your children.**

1. Change your passwords – banking, email, icloud and similar accounts etc
2. Icloud accounts and similar accounts – check who and which devices have access and amend according
3. Check “find my device” info – who has access and can track your phone (and you)
4. Change locks, remotes code and access to CCTV cameras and other smart home devices
5. Phone accounts – same account or access to account details can lead to ability to track or find out who you are calling
6. Linked devices (including devices children take on visits or bring home)
7. Precautions at handover – use of supervised contact centres, staggering departures, alternate routes
8. Safety at school / workplace – if you are concerned about the safety of your children at school or yourself at work you may consider obtaining a DVO or injunctions in the Family Court.
9. Prepare Emergency plans / safety plans -
10. Use of a Women’s Shelter
11. Consider whether a Airport watch list order is required (if the children passports) or whether you need to lodge a Child request alert
12. Change phone numbers/ email addresses – consider a separate phone for children to receive calls on or use apps
13. Check your devices for spyware.

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